



Praying With Scripture Fast Forward!

Begin by setting up a place in your home where you can sit and be comfortable! In that place, put a bible, a journal, a pen and a few favorite prayers. The Holy Spirit prayers are great!

Keep the bible always open, even when you are not there!

Commit to at least 15 minutes a day

If you can spare 15 minutes to speak with Jesus, you have enough time.

If you cannot, perhaps you should rethink your day!

Follow these simple steps:

1. Say a few favorite prayers, they will help to transition your mind from the things of the world to God.
2. Open your bible and read. Read for as long or as little as you like. Read any part of the bible that you want. Ask the Holy Spirit to lead the way to the right scripture!
3. Open your journal and write a 'Dear Jesus' letter. Tell Him what you think about what you just read. Be honest and real. He is real and He is reading your letter as you write it!
4. Ask Jesus what you are missing; what is He trying to tell you in this scripture passage.
5. Sit and listen for a few minutes!
 - You may not hear or think about anything. That is ok!
 - Isaiah 55:11 says: *“So shall my word be that goes forth from my mouth; It shall not return to me empty, but shall do what pleases me, achieving the end for which I sent it”*.
 - This means that even if you do not hear or think about anything in particular, the Word of God has affected you and blessed you and will make a difference in your life!
 - If you do “hear” something in your heart, write it down on the next page of your journal. Tomorrow after this step, read this part of what you wrote the day before.
 - It is amazing and life changing when this begins to happen. Don't give up! Be patient, it may be a while before Jesus thinks that you are ready to hear Him speak to you in your heart!

God bless you! Maria Richardson