

SMG SVDP RESOURCE GUIDE

MAJOR SECTIONS:

(Revised 4/2/2019 unless otherwise noted in specific section)

Additional Potential Local Sources of Funds

Broad / General Information

Clothing

Communication Services (internet, telephone, television)

Emergency Services (crisis hotlines)

Employment and Training Assistance

Finance Related

Food Resources: Community Meals

Food Resources: Food Pantries

Food Resources: Other Items

Health

Housing Assistance

Housing Utilities

Mental Health

Miscellaneous

Prescription Drug Assistance

Senior Specific Support References

Support Groups

Transportation

Handy References:

- Income / Expense Analysis Form
- Authorization for Release of Confidential Information
- Quick and Easy Budgeting Worksheet
- Voucher(s)

Additional Potential Local Sources of Funds (rev 4/25/2019)

Calvary Church

Limited financial assistance: Partner with SMG SVDP on rent, utilities, food, security deposits, car repairs, etc.

820 Route 113, Souderton
215-723-0963 Ext. 139
Contact Cathy Kanas
ckanas@calvary-church.com

Fred's Footsteps Program

*Provides interim funds for otherwise financially stable families to help them handle the financial burden of a child's illness or traumatic injury. **Social worker refers family.***

110 Ardmore Ave, Suite B, Ardmore
484-368-3602

info@fredsfootsteps.org (email)
fredsfootsteps.org (website)

Hatfield Pastors Fund

Hatfield Coalition of Churches (H3C)

*When neighbor is a resident of or attends a Hatfield church the H3C may partner with us. The SVDP President or officers in his/her absence will contact the H3C. **The H3C does not want to deal with individual SVDP members.***

Mary Catherine Reilly mcreil531@aol.com

Prepare a case summary which should be emailed to SVDP President or another officer in his/her absence. Share as much of the family's story as possible. Also include if the family is receiving additional assistance, if the family is affiliated with any of the local food cupboards, what is the total of all bills overdue, who have they contacted besides Hatfield, can they pay the bill next month. Include the full namer and address of the neighbor, to whom to make out the check, the account number and where to sent payment.

Keystone Opportunity Center

*Limited financial assistance and limited housing to those living **within Souderton Area School District***

104 Main Street, Souderton
215-723-5430
<http://keystoneopportunity.org>

SVDP contact - Linda Chaplin at
lchaplin@keystoneopportunity.org

Additional Potential Local Sources of Funds (rev 4/25/2019)

Manna on Main

*Limited rental, utility and medical emergency (prescription) assistance for those living **within North Penn School District***

Call to make an appointment.
215.855.5454

SVDP contact - Teri Martin @ teri@mannaonmain.org AND/OR
215.855.5454 ext #22

St. Stanislaus Church Outreach

*Limited financial assistance to those **living in Lansdale***

Contact Sister Barbara
215.855.3133

Salvation Army

533 Swede St, Norristown
610.275.4183
Email: david.irwin@usesalvationarmy.org or
jessica.irwin@usesalvationarmy.org
www.salvationarmyusa.org

BROAD / GENERAL INFORMATION (rev 8/31/2019)

211

*Sponsored by the United Way of Greater Philadelphia & So. NJ.
Phone number and web resource for funding health & human
services for everyday needs and crisis situations.*

Phone #211
www.211SEPA.org

CADCOM
*Community Action
Development
Commission of
Montgomery County,
PA*

Montgomery County residents access to resources and services
**[NOTE: for CADCOM VITA tax preparation service see MISC
section]**

Main office: 1.610.277.6363
Helpline: 1.877.223.2662
www.CADCOM.org

**Community
Connections (CC)**

*If you need help, but don't know who to call first, call CC.
"One stop services center"*

421 West Main Street, Lansdale
Contact **Annette Widney** @
610.278.1286
AWidney@montcopa.org OR
Contact **Katelynn Bender** @
610.278.2924
KBender@montcopa.org

www.montcopa.org/FormCenter/Community-Connections-32/
Contact-A-Navigate-195

Compass

*Pennsylvanians access to health & human service programs
PA Dept of Public Welfare*

1.800.692.7462
www.compass.state.pa.us

**The Lamb
Foundation (LF)**

*The LF provides affordable housing and support services to senior
citizens and adult individuals with mental, physical and
developmental disabilities who would otherwise be homeless.*

114 North Main Street, North Wales
215-699-5600
215-661-8825 (fax)
info@LambPA.com (email)
lambfoundationpa.org

BROAD / GENERAL INFORMATION (rev 8/31/2019)

Legal Aid (LA)

If you need free legal assistance, contact LA.

LA of Southeastern PA: 1.877.429.5994

LA also has walk-in hours at Manna on Main St
Wednesdays 2:00pm - 3:30pm
606 E. Main St, Lansdale

Legal Aid: Immigrant legal services

Kristin Taranath BIA Accredited Representative Immigration Legal Services
Catholic Social Services 215.854.7015 ktaranath@chs-adphila.org

Consulate -- Immigration, Legal Tannia Aurora Juaregui, 267 003-8165,
taj@aurorajlaw.com **Guadalupe** proteccionfia04@sre.gob.mx

Mexican Consulate -- Humberto Cruz. 215-922-4262 ext 510
hcruz@sre.gob.mx

Mitzvah Circle Foundation

*Provide high quality clothing, shoes, toiletries, household goods,
school supplies baby gear, diapers, toys and more for neighbors in
crisis. (they deliver)*

1561 Gehman Rd Harleysville
215.828.6647 (Leave a message. They will call back.)

(SVDP ONLY use 267.649.7610)
mitzvahcircle.org

Personal Navigator Program (PNP)

*If you need medical care, prescriptions or any public assistance
(SNAP, LIHEAP, etc) contact PNP. Sponsored by Visiting Nurse
Assoc. connecting people to health and human services*

Contact **Angela Nunez (for North Penn area)**
(DO NOT GIVE OUT THIS NUMBER/EXT: 215.572.7880 ext 117)

Neighbor in need should call 1.800.591.8234 to register & schedule
an appointment

Location to meet once an appt is scheduled:
2506 N. Broad St, Colmar
Note: Angela is on location on Thursdays.

www.vnacs.org
Email: info@vnacs.org

CLOTHING (rev4/25/2019)

For Diaper Resources see Misc Section

2nd Ave Thrift Store Lansdale

Inexpensive second hand clothing, and small household items can be obtained.

Contact conference president for vouchers available in any denomination

1200 W. Main Street, Lansdale, PA
215.368.7474

Care and Share Thrift Shoppes

*Inexpensive used clothing, furniture and household items
All items are 1/2 price (a few exceptions apply) the third Friday of each month*

783 Route 113, Souderton
215.723.0315
www.careandshareshoppes.org/

Liberty Thrift Store

Inexpensive used clothes, furniture and household items

979 Bethlehem Pike, Montgomery Twp.
215.699.1203
www.Libertythriftstores.com

Mitzvah Circle Foundation

- For additional information also note **Broad/General or Misc section**

*Provides high quality clothing, shoes, **DIAPERS**, etc*

1561 Gehman Rd Harleysville
mitzvahcircle.org

215.828.6647 (Leave a message. They will call back.)
(SVDP ONLY use 267.649.7610)

Peter Becker Thrift Store

Inexpensive used adult clothing

800 Maple Ave, Harleysville
215.256.9501
www.peterbeckercommunity.com/getting-involved

Salvation Army Thrift Store

Inexpensive used clothing and household items

477 N. West End Blvd, Quakertown
215.536.1750

COMMUNICATION SERVICES (rev 4/25/2019)

Includes Internet, Telephone, and Television Service Information

TELEVISION:

Keeping Costs Down

Instead of paying for cable TV and depending on your location, you can access many TV channels OTA (over the air) with the use of a digital TV (or an analog TV with a digital adapter) and an HDTV antenna. Major network TV shows and prime time sports are broadcast live for FREE to anyone who can receive a signal through a digital TV antenna.

Antennas range in price from ~ \$15 to \$110+, indoor or outdoor, and are rated by the distance from the TV Transmitter to the TV; the greater the distance rating on the antenna, the more channels you can receive. Elevation and factors like side of the house & physical obstructions may also effect reception.

Go to www.antennatv.tv; enter your zip code & address to get a list of stations and strength of signal for your residence. Up to 66 Channels from 24 over the air stations are available from parts of Hatfield; up to 52 channels from 17 over-the-air stations may be received from parts of Harleysville. The further from the transmission towers the fewer the stations &/or the stronger the antenna needed.

If you have a newer TV, especially one with a HDMI port, you can cut the cable and watch anything available free on-line by getting a streaming device like Roku, Amazon Fire TV or Apple TV. **One must have a paid internet provider for the streaming service to work.** While some services require a subscription even with the streaming device (HBO, Stars, etc), there is a lot on the web that is free.

COMMUNICATION SERVICES (rev 4/25/2019)

Includes Internet, Telephone, and Television Service Information

INTERNET: Comcast

Comcast (xfinity) is available to households that have school age children in grade K-12 who qualify for National school lunch program. Check website for additional requirements. Comcast will provide broadband to low-income families for \$9.95 per month. Additionally, Comcast will provide eligible customers with low cost computers and classes.

Contact Comcast at
1.855.846.8376
apply.internetessentials.com

TELEPHONE SERVICE

Obtain free phone, free minutes, free text, and/or data plan

www.assurancewireless.com (provided by Virgin Mobile)
www.safelink.com

- Lifeline

Provides discounts on monthly telephone service (wireline or wireless) for eligible low-income consumers.

The Lifeline Program is a federal program which provides support to telecommunication companies that in turn offer discounts to eligible consumers.

For eligibility requirements (pre-screening tool) and participating telecom companies in PA

www.lifelinesupport.org

For additional info on the program, go to
www.fcc.gov

EMERGENCY SERVICES (rev 4/2/2019)

Crisis Hotlines

MONTGOMERY COUNTY

Suicide Prevention Hotline: 1-800-452-4189

Adult Protective Services

- Elder Abuse & Protective Services Hotline: 1-800-734-2020
- ref **Miscellaneous** sheet > **Services for the Aging**

Mental Health: 1-800-452-4189

- Provides services for clients experiencing psychiatric and/or drug/alcohol emergencies.
- Crisis workers provide telephone support, referral information, and comprehensive assessment.

Children's Crisis Support Hotline: 1-888-HELP-414

- The Children's Crisis Support Hotline is available 24 hours a day, 7 days a week to children and adolescents in Montgomery County.
- Its purpose is to help children and families manage crisis successfully through individualized crisis response and planning.

Domestic Violence / Abuse

Montgomery County Women's Center Domestic Violence Hotline:
1-800-773-2424

Laurel House Domestic Abuse Hotline: 1-800-642-3150
1-888-883-0770 (tty)

Victims Services Center of Montgomery County (sexual assault):
1-610-277-5200

EMPLOYMENT and TRAINING ASSISTANCE (rev 4/25/2019)

Bethany Bible Church

ESL instruction

75 W. Broad St, Hatfield
215.855.2449
bethanybfc.org/esl

Community Service Employment Program (CSEP)

Support and service assistance in finding employment

Contact: Service Director, CSEP Program
Goodwill Keystone Area
753 Bethlehem Pike, Montgomeryville, PA
215.653.7095

Family Literacy

Family literacy program held at St. Maria Goretti Church.

For more information contact
Sue Barrow
215.380.4434
sue.barrowstarfishstudies@gmail.com

Internet Resources

Easy to use to assist those seeking employment.

jobs.aarp.org
careerbuilder.com
craigslist.org
indeed.com
monster.com

Keystone Opportunity Center

Lessons in ESL, GED and tutoring. Check website for additional information.

104 Main Street, Souderton
215.723.5430
www.keystoneopportunity.org/education

Lansdale Montco Bible Fellowship

ESL instruction

Free English as a second language . Book purchase required.

160 E. Main St, Lansdale
Call 215.855.0899 or visit www.montcobf.org

EMPLOYMENT and TRAINING ASSISTANCE *(rev 4/25/2019)*

Manna on Main

Programs are open to all with no limitation due to NP residence area.

mannaonmain.org > about us > programs

Common Grounds is a free 14 week food service training to employment program.

Contact Sue Jurina

ProgramAssistant@mannaonmain.org or

215.855.5454. ext 17

Getting Ahead in a Just Gettin By World is a 16 week class that invites people living in poverty to investigate solutions to help themselves and others transition out of poverty and instability.

Contact Nadia Mummery

nadia@mannaonmain.org or

215.855.5454 ext 16

Office of Vocational Rehabilitation: PA Career Link

Provides vocational rehabilitation services to help individuals with either physical or mental disabilities prepare for, obtain or maintain employment. Provides diagnostic evaluation. Clients may be self-referred.

Official website of PA Dept. of Labor & Industry

Also links to unemployment benefits compensation

www.dli.state.pa.us/

Commonwealth Workforce Development System

Link to CareerLink site for assistance in resume writing, job searches, etc.

pacareerlink.pa.gov

610.270.3429

SMG BUDGET WORKSHEET

Worksheet is available electronically.

Please print a copy for neighbors.

FINANCE RELATED (rev 8/31/2019)

American Credit Counseling Institute

For confidential counseling services including foreclosure prevention. Learn ways to manage expenses, etc, avoid eviction and improve credit score.

603 Swede St, Norristown

1.888.212.6741

americancci.org

North Penn Residents: 610.278.1286

Outside NP area: 215.563.5665

Clarifi (Consumer Credit COUNSELING Service of Delaware Valley - CCCSDV)

A financial counseling service (also recommended by Community Connections) for help with financial planning needs: reduce debt, improve credit, manage home, avoid foreclosure, & financial wellness.

To set up an appointment

Log on to clarifi.org. OR

Call 215.563.5665 (main)

(meeting can occur over the phone or in person)

Jenkintown Plaza

101 Greenwood Ave, Suite 340

Jenkintown, PA 19046

(Office is located across the street from the Jenkintown/Wyncote train stop on SEPTA's Lansdale/Doylestown Regional Rail Line)

Consumer Financial Protection Bureau (CFPB) (FINANCE RELATED)

For information and to get answers to financial questions.

"CFPB makes sure banks, lenders and other financial companies treat you fairly."

www.consumerfinance.gov/askcfpb and hit 'Get Assistance' tab

1.855.411.2372

FINANCE RELATED *(rev 8/31/2019)*

TAX SERVICES:

(1) CADCOM's VITA Program (Volunteer Income Tax Assistance)

(1)The program offers free Federal and State tax preparation with secure electronic filing and direct deposit in approx. 10 days; along with other related services at their Norristown and Willow Grove sites. Tax preparers are IRS trained and certified.

This free service is offered on location to taxpayers with incomes up to \$32,000 and drop-off service is also available.

For an appointment, call

211 or 610.277.6363, ext 115 **(Norristown)**

211 or 215.366.5643 **(Willow Grove)**

211 or 866.964.7922 for **residents in NP or SA School Districts**

(Trinity Lutheran Church, 1000 W.Main St, Lansdale)

Taxpayers with incomes up to \$39,000 who wish to prepare their taxes at home using their free web service, can log on to myfreetaxes.com/cadcom for professionally assisted service. They may also be able to assist clients at CADCOM with the online service.

Call 610.277.6363, ext 181

(2) AARP Representative

(2)AARP representative on site to assist in tax preparation.

Call to make an appointment

(A) Indian Valley Library, 100 E. Church St, Telford
215.723.9109. OR

(B) Generations of Indian Valley, 259 N.2nd St, Souderton
215.723.8555

SMG BUDGET WORKSHEET

*Worksheet available electronically.
Please print a copy for neighbors.*

Food Resources: COMMUNITY MEALS (rev 8/29/2019)

No reservations needed, all welcome.

Christ Covenant

Free community hot breakfasts from 8:30 to 10:00am in the Fellowship Hall, the last Saturday of every month.

2200 Mainland Road, Towamencin
215.699.4604

Emmanuel Lutheran Church

Free community breakfasts on the second Saturdays of each month from 8:30am to 10am.

69 W Broad St, Souderton

Lansdale Presbyterian Church

*Free dinner sponsored by Food From the Heart:
Last Sunday of each month: 1pm*

450 Oak Park Rd, Hatfield
215.368.1119

Manna on Main

*Free meals 7 days per week at the following times:
Mon - Fri: 10am - 12:15pm, 4pm - 5:15pm
Sat, Sun: 11am - 12:30pm*

www.mannaonmain.org

606 E. Main Street, Lansdale
215.855.5454

Souderton Mennonite Church

*Starting in the fall on October 9th, 2019, Community meals (free-will offering) are served each week in the Fellowship Hall:
Wednesday: 6pm - 6:45pm*

105 W. Chestnut St, Souderton
215.723.3088

Zion Mennonite Church (Table of Plenty)

*Free lunch Monday, Wednesday and Friday
11am - 12pm*

Front St & Cherry Rd, Souderton
215.723.3592

SMG COMMUNITY MEALS LIST

*List is available electronically.
Please print a copy for neighbors.*

FOOD PANTRIES / FOOD RESOURCES
(Revised 4/12/2019)

OPEN TO ALL:

**FRESH FOR ALL
GRACE BIBLE CHURCH**
423 N. Main Street, Souderton
215-723-5430

Days and Hours:

Tues: 1pm - 2pm

Requirements / Remarks:

Residents of any area can use.
Fresh fruits and vegetables distribution.
May shop once per week.

MONTGOMERY COUNTY:

**CORNUCOPIA CUPBOARD
THE LAMB FOUNDATION**
499 E Walnut St (5th St & Railroad)
North Wales
215-661-8800
<http://www.lambfoundationpa.org/>

Days and Hours:

2nd & 4th Mon: 10am-6pm

Requirements / Remarks:

Reside in Montgomery County
Must complete intake form at web site
May shop once per month

**KULPSVILLE, LANSDALE, SASD or
TOWAMENCIN:**

**SHEPHERD'S SHELF
CHRIST LUTHERAN CHURCH**
2211 Mainland Road, Kulpsville
215-256-8738

Days and Hours:

Mon, Wed 6:30pm-8pm

Requirements / Remarks:

Resident of Kulpsville, Lansdale, SASD or
Towamencin.
May shop twice per month

HATFIELD:

(1) EMMANUEL EVANGELICAL CHURCH

100 S Main St, 19440
215-855-2540

Days and Hours:

1st Tue: 5:30pm - 7:15pm
3rd Wed: 5:30pm - 7:15pm
2nd, 4th Thur: 1pm - 2pm

Requirements / Remarks:

Live or attend church in Hatfield Boro or Twp
Photo ID and utility bill
May shop once per month

(2) HATFIELD CHURCH OF THE BRETHREN

1333 Cowpath Rd, 19440
215-855-3064
<http://www.hatfieldcob.org/>

Days and Hours:

1st & 3rd Tue: Noon-2pm
3rd Sat: 10am-11:00am
4th Mon: 6:30pm-7:30pm

Requirements / Remarks:

Residents of Hatfield Boro & Twp
Photo ID & utility bill
May shop once per month

LANSDALE:

MANNA ON MAIN STREET

606 E Main St, 19446
215-855-5454
<http://www.mannaonmain.org/>

Days and Hours:

Thur, Fri: 1pm-3:45pm
Mon: 6pm-7:30pm
Wed: 9am-11am, 4:30pm-6pm

Requirements / Remarks:

Must reside in NorthPenn School District but not in Hatfield as they have their own pantries.
Photo ID, utility bill or lease with name & address, and bags to carry food.
Must complete online intake form prior to first visit.
May shop at pantry twice a month.
Online Mkt. shopping available @ www.smartchoice.life/mannaonmain.org

SOUDERTON:

KEYSTONE OPPORTUNITY CENTER

104 Main St, 18964
215-723-5430
<http://keystoneopportunity.org>

Days and Hours:

Tue, Wed: 10am - 2pm
Thur: 10am - 2pm, 5pm - 7pm

Requirements / Remarks:

Must reside in Souderton Area School
FIRST TIME: Valid Photo ID; Proof of residency: license or current utility bill; Proof of income such as: paycheck stub, SSI or disability Statement
Eligible participants can receive food once per month

Food Resources: OTHER ITEMS (rev 4/12/2019)

Aid for Friends

Provides home cooked meals to the isolated, handicapped and elderly.

Call for eligibility 215.464-2224

For SMG info contact

Trish Mazeo

215.721.4214 (h)

215.806.7750 (c)

Meals on Wheels *(@Generations of Indian Valley)*

To inquire about eligibility to receive meals, call

215.723.8555 (direct line)

259 North 2nd Street, Souderton

S.H.A.R.E. *(@Generations of Indian Valley)*

With SHARE (Self Help And Resource Exchange) you can buy food packages worth \$35-\$40 in exchange for only two hours of community volunteer service and \$20.

SHARE is open to all without financial restrictions.

For more information, sign-up forms, and menus, check outside the Social Services office or call 215-723-1930.

To place a SHARE order through Generations, please order by the dates listed in our current newsletter/calendar.

generationsofiv.org > social services > other social service assistance

259 North Second Street, Souderton

Call Emily Felice from 11am - 2pm

215-723-5841

SMG FOOD PANTRIES &/or COMMUNITY MEALS

Lists are available electronically.

Please print a copy for neighbors.

HEALTH (rev 4/25/2019)

Also ref Emergency Services sheet for crisis information

GLASSES: New Eyes for the Needy

*New Eyes for the Needy purchases new prescription eyeglasses for low income individuals in the U.S. through a voucher program. The voucher typically covers only the cost of single or lined bifocal eyeglasses. **Must be referred by a social services organization.***

*For more information refer to
www.new-eyes.org/*

Health Care Navigator (Obama-care site)

Official site of the Health Insurance Marketplace which allows comparison shopping for health insurance, getting coverage and using coverage.

www.healthcare.gov

HealthMap Vaccine Finder

Community flu and other vaccine locator

Go to website and plug in zip code for locations providing immunizations the individual has indicated.

vaccinefinder.org

Norristown Immigration Clinic

Services available include internal medicine (free immunization vouchers), dental screening, optometry (eye tests), physical therapy, neonatal nursing (prenatal advice), medical equipment, and legal & immigration services.

Open monthly on the first Sunday at 1:00pm - 3:00pm

*St. Patrick's Roman Catholic Church
714 DeKalb St, Norristown
610.272.1408*

HEALTH (rev 4/25/2019)

Also ref Emergency Services sheet for crisis information

Pregnancy Counseling / Support Services (Do not perform nor refer for abortions)

Crossroads Pregnancy Care

*Serving women and families dealing with **pregnancy** issues.
Testing, counseling, education, support & abortion recovery are all
free and confidential, regardless of income, race or religion.*

256 Trumbauersville Rd, Quakertown

215.538.7003

www.crossroadspregnancycare.org

North Care Women's Clinic

*Will help you navigate your pregnancy, sexual health, and abortion
alternatives. Pregnancy testing, ultrasound, and counseling are free.*

311 N. Broad St, Lansdale

215.855.2424

www.northcarewomensclinic.org

Montgomery County Clinics

*County clinics are for immunizations for those 18 and younger and
for the treatment of sexually transmitted diseases (STDs) and
tuberculosis (TB)*

www.montcopa.org

Norristown Health Clinic

1430 DeKalb St, Norristown

610.278.5145

Pottstown Health Clinic

364 King St, Pottstown

610.970.5040

Montgomery County Eastern Courthouse Annex

102 York Rd, Suite 401, Willow Grove

215.784.5415

HEALTH (rev 4/25/2019)

Also ref Emergency Services sheet for crisis information

Federally Funded Program

Norristown Regional Health Center (MEDICAL & DENTAL, all ages)

Accept all insurance & have a sliding fee schedule available for those who are under/uninsured

1401 DeKalb St, Norristown
610.278.7787

Community Health & Dental Care (MEDICAL & DENTAL, all ages)

Accept all insurance & have a sliding fee schedule available for those who are under/uninsured

11 Robinson St, Pottstown
610.326.7405 (dental)
610.326.9460 (medical)

North Penn VNA Children Clinic (MEDICAL, ages 21 years and under)

For those on Medical Assistance, CHIP or those who do not have health insurance or outpatient coverage

51 Medical Campus Dr, Lansdale
215.855.8296

The Clinic (general MEDICAL, maternity support)

*A free clinic associated with Phoenixville Hosp funded through a charitable grant. They provide services to those who do not have health insurance and/or do not qualify for medical assistance (MA). **Good resource for the undocumented.***

143 Church St, Phoenixville
610.935.1134 (**must call for an appt**)

Housing Assistance (rev 4/12/2019)

Dept of Health and Human Services: CODE BLUE

Code Blue (extreme cold- when air temperature drops to 20 degrees or colder)

Provides safe warm lodging during the night time hours for those without homes. Dinner & breakfast is also serves to the guests.

(1) Local Code Blue Site (men only):

Trinity Lutheran Church - Luther Hall
1000 W. Main Street, Lansdale
215.368.1710
codeblue@trinitylansdale.com

(2) Local Code Blue Site (women/families):

Salvation Army
533 Swede St, Norristown
610.275.4183

Homelessness Prevention Hotline (Montgomery County) YOUR WAY HOME

Assisting the homeless in Montgomery County

*Emergency housing if facing eviction or homelessness
MUST use this contact number for Emergency Shelter
information*

*For information and referrals on all funding, emergency
assistance, shelters and subsidized housing*

1.877.646.6306

Housing Utilities (rev 4/12/2019)

Initial call should be to the utility provider, since major utilities have assistance programs.

PECO

Contact for discussion of late bill and/or shut off concerns. Asks that **we contact her first (do not give her name or number to neighbor)** rather than just sending in a payment.

Contacts:

Larry Singleton (215-841-6557)

Maria Adams (215-841-6509)

Contact first but also check phone number list:

PECO and general energy related numbers:

Customer Service	1-800-494-4000
Electric Emergencies	1-800-841-4141
Credit Department	1-888-480-1533
Make Payments by Phone	1-877-432-9384
CAP	1-800-774-7040
MEAF	1-800-403-6806
LIURP (Weatherization)	1-800-675-0222
LIHEAP	1-800-344-3574

PPL

Need help paying a bill. Call 24/7

1-800.358-6623

To set up a payment plan:

pplelectric.com > payment assistance program

For energy efficiency kits, free in-home survey (WRAP):

pplelectric.com > home > ways to save > all rebates > income-eligible

If further assistance is needed contact...LIHEAP

Housing Utilities (rev 4/12/2019)

LIHEAP - Low Income Energy Assistance Program

Assistance with gas and electric service

LIHEAP opens every year Nov 1 to Apr 1 or until money runs out.

Apply for LIHEAP asap during the LIHEAP season

Apply online @ www.compass.state.pa.us

PECO LIHEAP helpline 1.800.344.3574 to apply

PPL LIHEAP helpline 1.866.857.7095 to apply

KEEPING FRIENDS COOL

Summer cool down program for seniors

Prepayment of electric bills for seniors needing assistance with electric to run fans and/or air conditioners.

Only for seniors whose electric are NOT past due.

For more information go to

Manna on Main

www.mannaonmain.org

WATER

Ref: www.CADCOM.org website

Assistance through Energy Conservation programs:

PA American Water Program "Dollar Energy"

Aqua Program "Helping Hands"

1.877.223.2662 Ext. 118

MENTAL HEALTH (rev 4/12/2019)

Also ref the Emergency Services sheet for crisis information

MAWD

**Medical Assistance for
Workers with Disabilities**

Providing health care coverage to workers with disabilities

Eligible individuals should contact their local County Assistance Office to apply

www.montcopa.org (Montgomery County)

www.buckscounty.org (Bucks County)

Mental/Behavioral Health of Montgomery County

*Resource for those concerned w/ behavior health.
Provides info about behavior and health services, laws, &
related news, as well as communication tools and other
features.*

montgomery.pa.networkofcare.org

Mental Health Partnership Of Montgomery County

*Providing a self help/mutual support approach to mental
health.*

210 Stanbridge St, Suite 600
Norristown
267.850.5677
Hours: 9am - 5pm

mhp-org.squarespace.com

MERAKEY *formally Northwestern Human Services*

*Developmental, behavioral health provider offering
integrated services for children and adults*

400 N. Broad St, Lansdale
215.368.2022
merakey.org

NAMI **National Alliance on Mental Illness**

*Providing support, advocacy and education for individuals
and family with mental illness*

100 W. Main St, Lansdale

215.361.7784
www.nami-montcopa.org

MENTAL HEALTH (rev 4/12/2019)

Also ref the Emergency Services sheet for crisis information

Penn Foundation

Provides to Bucks and Montgomery County residents mental health services; drug and alcohol recovery services; counseling services from a Christian perspective; and early intervention services to help families with children (ages birth to 3) with a 25% delay or high probability of delay in any area of development

NOTE: unless referred, both individuals and families may obtain access to services through the "Open Access Program" (Mental Health Outpatient Services)

**NOTE: They do have a WALK IN policy
Mon - Thur 8:30am - 2pm**

807 Lawn Ave, Sellersville
215.257.6551 (main number)

Wellspring Clubhouse

Outpatient service with the least 'mental health system' look. Provides social, educational, and vocational skills and opportunities to adults recovering from mental illness or co-occurring mental health and substance use disorders.

215.257.4760

Miscellaneous (rev 6/6/2019)

Also ref the Emergency Services sheet for crisis information

CLEANING SERVICE: North Penn Cleaning Solutions

*Will provide cleaning and/or organizing services.
Donated or at a discount, noted especially for single mothers
or the elderly.*

Contact Farnaz Dar
Phone: 215.237.8131(c) or 267.218.8895(office)
E-mail: npenncleaningsolutions@gmail.com
www.npcleaningsolutions.com

Diaper Resources

The following may be good resources for those in need of diapers:

Mitzvah Circle Foundation (they deliver)
More info available in **Broad/Summary Information** section
215.828.6647 (main number)

Furniture Sources (Internet)

*Site which list items that people are giving away or looking for at no
cost. Possible site to find furniture items.*

freecycle.org

GLASSES: New Eyes for the Needy

*New Eyes for the Needy purchases new prescription eyeglasses
for low income individuals in the U.S. through a voucher program.
The voucher typically covers only the cost of single or lined bifocal
eyeglasses. **Must be referred by a social services
organization.***

*For more information refer to
www.new-eyes.org/*

LATIN American Community Action of Montgomery County: ACLAMO Family Center

*Provides access to economic, educational, health, social and
cultural opportunities for low-income individuals and families in
Montgomery County, especially those of Spanish-speaking
heritage.*

www.aclamo.org

Main office: 512 West Marshall St, Norristown, Pa 19401
610.277.2570
Pottstown office: 515 Walnut St, Pottstown, Pa 19464
610.970.2134

Miscellaneous (rev 6/6/2019)

Also ref the Emergency Services sheet for crisis information

Legal Aid (LA)

If you need free legal assistance, contact LA.

LA of Southeastern PA: 1.877.429.5994

LA also has walk-in hours at Manna on Main St

Wednesdays 2:00pm - 3:30pm

606 E. Main St, Lansdale

Legal Aid: Immigrant legal services

Kristin Taranath BIA Accredited Representative Immigration Legal Services **Catholic Social Services** 215.854.7015 ktaranath@chs-adphila.org

Consulate -- Immigration, Legal Tannia Aurora Juaregui, 267 603-8165, taj@aurorajlaw.com **Guadalupe** proteccionfia04@sre.gob.mx

Mexican Consulate -- Humberto Cruz. 215-922-4262 ext 510
hcruz@sre.gob.mx

PET CARE - Pets of the Homeless

Non profit located in Nevada which coordinates pet care with a local vet and helps collect and distribute pet food donations to local food cupboards.

<https://www.petsofthehomeless.org>

*When a pet of a homeless person requires **care**:*

Call main number (note they are 3 hours behind us)

1-775-841-7463

Client will be screened for eligibility and if qualify, service will call around area to find a local vet and make payment agreement with them for the cost of caring for the animal. Within a short time a return call will be made to the client with info on the local vet.

Local chapter of Pets of the Homeless for Montgomery County (also have Facebook page) helps in the collection and distribute pet food donations to local food cupboards. Ask local pantry to call the following if they are interested in participating:

Christine Davis contact info:

610-247-3421 or chrismdavis@verizon.net

TRASH SERVICES: Waste Management

Avoid cost of contract by taking trash directly to Waste Management site.

Charge: \$3/bag of trash (no matter the size)

: Free - cardboard & 'could-mingled' recycling (glass, metal & all numbered plastic)

Hours of operation: Wednesday 12noon - 4pm, Saturday 7am - 11am

400 Progress Dr., Telford
215.257.2415

PRESCRIPTION DRUG ASSISTANCE (rev 4/2/2019)

If neighbor does not qualify for assistance under a government sponsored program, for information on program guidelines and eligible medications offered by pharmaceutical companies consider
www.rxassist.org

Medicare

The website has a clearing house of information for many drugs which includes indications and adverse effects but also the website or email address of the manufacturer to allow the patient to determine if the manufacture provides rebates or a cost-sharing program.

<https://www.medicare.gov/pharmaceutical-assistance-program/#P>

"Extra Help" also known as "low income subsidy" (LIS)

Certain Medicare recipients with low income and limited resources to pay for Medicare prescription drug coverage may qualify to receive assistance in paying costs such as monthly premiums and annual deductibles related to Medicare Rx costs

For eligibility, or to enroll, go to
www.socialsecurity.gov/prescriptionhelp or call

1.800.633.4227 (24hrs/day, 7days/wk)

PACE

PACE, PACENET and PACE plus Medicare are Pennsylvania's prescription assistance programs for older adults, offering low-cost prescription medication to qualified residents, age 65 and older.

aging.pa.gov

For information, call: 1.800.225.7223

PA Drug Card

According to their website:

FOR THE UNINSURED & UNDER INSURED

As a resident of PA, you and your family have access to a statewide Prescription Assistance Program (PAP). Create and print your FREE discount prescription (Rx) drug card (at the site). The card will provide you with Rx medication savings of up to 75% at more than 56,000 pharmacies across the country including Acme Sav-on, Super Fresh, Pathmark, Target, Kmart, Giant Eagle, Giant, Weis, Genuardi's, Mr. Zs, Scot's Lo-Cost, Martin's, CVS/pharmacy, ShopRite, Walgreens, Walmart, and many more.

www.padrugcard.com

PRESCRIPTION DRUG ASSISTANCE (rev 4/2/2019)

Costco

*Do not need to be a member to use Costco pharmacy.
As enter store tell greeter that you are going to Pharmacy.
Check website for services*

costco.com > pharmacy
740 Upper State Rd, North Wales
215-353-4153

WalMart

*Provides 1000 generics at \$4 for a month supply.
Check for most up-to-date information at*

www.walmart.com

Senior Specific / Aging Adult Support References (rev 6/6/2019)

Adult Protective Services

Elder Abuse & Protective Services Hotline
1-800-734-2020 (Montgomery County)
- also ref **Emergency Services**

Project HEARTH (Helping Elderly Adults Remain in Their Homes)

Helps older adults (age 60+) to remain independent and in their homes thru in-home counseling and volunteer support services
Professional services: in-home counseling
Volunteer services: handyman chores, telephone reassurance, friendly visiting, errand & escort service, medical advocacy.
Medicare & insurance reimbursement for eligible clients.
Low income clients are subsidized by foundation grants.

Family Services of Montgomery County
fsmontco.org

Keeping Friends Cool

Summer cool down program for seniors
Prepayment of electric bills for seniors needing assistance with electric to run fans and/or air conditioners.

Only for seniors whose electric are NOT past due.

For more information go to
Manna on Main
www.mannaonmain.org

The Lamb Foundation (LF)

The LF provides affordable housing and support services to senior citizens and adult individuals with mental, physical and developmental disabilities who would otherwise be homeless.

114 North Main Street, North Wales
215-699-5600
215-661-8825 (fax)
info@LambPA.com (email)
lambfoundationpa.org

Meals on Wheels (@Generations of Indian Valley)

To inquire about eligibility to receive meals, call
215.723.8555
259 North 2nd Street, Souderton

Senior Specific / Aging Adult Support References (rev 6/6/2019)

Montgomery County Aging & Adult Services (MCAAS)

Network of services and programs available for older county residents

www.montcopa.org/148/Aging-Adult-Services
610.278.3601 (central office)
Ask for Intake Dept.

Prescription Drug

ref **Prescription Drug Assistance** sheet

St Maria Goretti (SMG) Eldercare Assistance Program

Free services for older adult parishioners includes information on services that will enhance their lives, assisting parishioners in applying for programs, in addition to individual case management.

For more Information check SMG Parish website
stmariagoretti.net >Menu>Ministries>Eldercare Assistance
contact geriatric care manager directly
Amy Juarez
ajuarez@CHS-ADPHILA.ORG
215.721.0199 ext. 225

OR

Transportation

Montgomery County: Partnership TMA

For more information go to
ptma-mc.org Once on site, go to Programs > Senior Mobility

- also ref **Transportation** sheet

SUPPORT GROUPS *(rev 6/6/2019)*

Name	Purpose	Location	Contact
Al-Anon Hotline	<i>For persons with addictions</i>	Varies	215.923.7900 www.sepia.org
Alcoholics Anonymous	<i>For persons with alcohol addiction</i>	Grand View Hospital	215.923.7900
Bariatric Support		Grand View Hospital	215.453.4300
Bereavement	<i>(7) different support groups</i>	Grand View Hospital	Heather Myers 215.453.4398
Resolve Through Sharing	<i>For people who have lost a child prior to, at, or just after birth</i>	Grand View Hospital	Diane Carp 215.896.1208
Breast Cancer Support Group	<i>For women with breast cancer</i>	Grand View Hospital	215.453.4137
Dementia (Heart Strings)	<i>For people with a loved one sufferings from dementia</i>	Peter Becker Community	Alyssa 215.256.9501
Easter Seals of Montgomery County	<i>For parents with children who are disabled</i>	Kulpsville, PA	215.368.7000
Epilepsy Foundation of Eastern PA	<i>For people with epilepsy & their families</i>		215.629.5003
Multiple Sclerosis	<i>For people with MS & their families. Meet 2nd Wedn. of month</i>	Generations in Souderton	Denise Franklin 215.290.5790
Narcotics Anonymous	<i>For those with narcotic addiction</i>	Varies	844.624.3575 eparna.org
Nutritional Consultants	<i>For persons with dietary or nutritional goals</i>	Grand View Hospital	215.923.7900
Parkinson's Support	<i>For people with Parkinson's disease & their families</i>	Arbor Square	Julie Kline 267.677.1204
Teen Parent Support	<i>Provides education for teens who are parents</i>	Grand View Hospital	Maternity Care Coalition 215.348.9770

SUPPORT GROUPS (rev 6/6/2019)

Vision Support	<i>For people with low vision disorders</i>	Peter Becker Community	Janette 215.256.9501
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TRANSPORTATION (rev 4/2/2019)

MONTGOMERY COUNTY (MC): Greater North Penn Area Transportation Management Association

information about available transportation programs and resources in Montgomery County. *NOTE: the special program where a person will be reimbursed for trying SEPTA one time. For more information contact*
PARTNERSHIP TMA

<http://www.ptma-mc.org>
215.997.9100 or 1.866.507.4857

Within MC there are several options for receiving transportation services:

1. SEPTA's ParaTransit Services

ParaTransit is a door-to-door, ride sharing transportation services provided to riders over age 65 who are pre-registered thru SEPTA's ParaTransit. This ADA service is for people with disabilities who are functionally unable to use regular assessable fixed-route bus service.

Contact SEPTA's Customized Community Transportation Dept (CCT) for more information and to register for the program

CCT unit of the Customer Service & Advocacy Division
Mon - Fri 8am - 4pm
215.580.7145
215.580.7712 (TTD)
www.septa.org/service/cct/

2. Shared-Ride Program

A door-to-door, advance-reservation, ride-sharing service, reduced fare small vehicle transportation program offered on a space-available basis to seniors, individuals with disabilities and low income individuals who reside within the county.

To register for the program and to schedule a ride or obtain additional information, contact the county provider, TransNet
215.542.7433

ride@suburbantransit.org (email)
www.suburbantransit.org

3. Medical Assistance Transportation Program

A transportation service available to Medical Assistance (MA) consumers in MC which provides transport or reimbursement of transportation expenses traveling to non-emergency MA providers

Check website for users' guide on eligible transport purposes, additional information and application.

www.suburbantransit.org > Medical Assistance
Or call Mon-Fri, 8:00am to 4:00pm
(Main) 215.542.7433
(Lansdale, Center Point, Harleysville) 610.222.0365
(Souderton, Green Lane, Pennsburg) 215.679.9551

TRANSPORTATION *(rev 4/2/2019)*

Bike Share (thru Partnership TMA)

Seasonal program (approx end April thru November, weather permitting)

No charge for bike usage. However, please check the website for more information and the local locations for bike share pods.

www.ptma-mc.org then go to Programs > Free Bike Share

Contact the Mobility Hotline @ 1.866.507.4857

OR email info@ptma-mc.org for questions or to inquire about bike availability